

SMBG is recommended for patients treated with Insulin and is desirable for
All Patients with Diabetes



Advantages of SMBG:

Facilitating the development of an individualized blood glucose profile, which can then guide healthcare professionals in treatment planning for an individualized diabetic regimen

Giving people with diabetes and their families the ability to make appropriate day-to-day treatment choices in diet and physical activity as well as in insulin or other agents

Improving patient's recognition of hypoglycaemia (Low blood sugar) or severe hyperglycaemia

Enhancing patient education and patient empowerment regarding the effects of lifestyle and pharmaceutical intervention on glycaemic control

Note: Do not share blood sugar monitoring equipment, such as lancets, with anyone, even other family members.

Let's **Aarambh** your day by Monitoring your Sugar Level. Initially it may look difficult but this is a new way of life which is Safe, Simple and Successful-way to manage Diabetes well.